

**ST. PAUL'S ANGLICAN CHURCH**  
**THE CONVERSION OF SAINT PAUL**  
**JANUARY 25, 2026**



Rector:	The Rev. Vernon Foster	
Deacon:	The Rev. Helen L.	
Hon. Assistant:	The Rev. Pat H.	
Director of Music:	Charles H.	
Organists:	Freeman D./Kyle M.	
Church Warden:	Joy Adams Bauer	email: <a href="mailto:jadamsbauer@stpaulsnanaimo.ca">jadamsbauer@stpaulsnanaimo.ca</a>
Church Warden:	Greg Brown	email: <a href="mailto:gbrown@stpaulsnanaimo.ca">gbrown@stpaulsnanaimo.ca</a>

<b>Church Services:</b>	Sunday	8:00 am	Holy Communion
		10:30 am	Holy Eucharist
	Weekdays (except stats)	8:30 am	Morning Prayer (Zoom)
	Tuesday	7:00 pm	Contemplative Prayer
	Wednesday	11:00 am	Holy Communion

Office Hours:	9:30 – 12:00 pm	Monday to Friday	250-753-2523
Office Address:	100 Chapel Street, Nanaimo, BC V9R 5H2		
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*Please be aware the 10:30 service may be recorded or livestreamed,  
and your presence in the service is considered your consent to appear on camera.*

**PLEASE MUTE YOUR CELL PHONES DURING THE SERVICE**

*(CCLI LICENSE: 2006094)*

## **HOLY EUCHARIST – 10:30 a.m.**

*This Eucharistic Liturgy is based on the Anglican Church of Canada  
Book of Alternative Services & Common Worship Church of England*

### **THE COMMUNITY GATHERS BEFORE GOD**

*We commit ourselves to working together in a spirit of reconciliation as we worship  
and serve on the traditional lands of the Snuneymuxw First Nation.*

Celebrant/Preacher:	Rev. Vernon Foster
Deacon:	Rev. Helen L.
Liturgical Assistant:	Brian H.
Organist:	Kyle M.
Greeters:	Syd G., Sue M.
Duty Warden:	Greg B.

The flowers on the main altar are given by Sue G. to the glory of God  
and in thanksgiving for the lives of all the people who have worshipped in this place  
for the past 165 years, filling it with faith, hope and love.

**Altar Guild Team:** Ann W., Marilyn B., Ann W.

Refreshment Hour is hosted today by:  
10:30 – Jane B., Mary J.

**WELCOME (& ANNOUNCEMENTS):** *(you may remain seated during the welcome)*

**OPENING HYMN:** The Winds Out on the Salish Sea

*KINGSFOLD*

The winds out on the Salish Sea had blown another gale;  
Departure Bay was overcast, the sunlight weak and pale.  
As canoes pulled in for shelter, Te'tuxwtun was tipped with snow,  
And the people praised the Creator so many years ago.

This calm and quiet harbour is pure and lovely still,  
The dwellings of the people on shore and wooded hill.  
Far up the little Millstone the salmon spawn and die,  
And down the Nanaimo River the elk make lonely cry.

God's people of Nanaimo who live in love and grace  
Still hear the call to gather and serve God in this place.  
On land down by the harbour a church stands strong and tall  
To welcome you to worship; its patron is Saint Paul.

Dear God, if peace and beauty dwelt here so long ago,  
Grant us a sense of duty to strive to keep it so.  
That we find in this city community and home,  
And walk in peace and justice these mountains of Shalom.

*Original words written by the Reverend Herbert O'Driscoll; Adapted for St. Paul in 1986 for the 125th  
patronal festival by Archdeacon David McKay; Words later adapted by Mary Jackson.*

### **GATHERING:**

The Lord be with you  
**and also with you.**

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.  
**And also with you**

L.A. **Almighty God, to you all hearts are open, all desires known, and from you no  
secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your  
Holy Spirit, that we may perfectly love you, and worthily magnify your holy  
name; through Christ our Lord. Amen.**

Rejoice, people of God, and praise the Lord! Let us keep the feast in celebration of  
Christ's baptism, as the heavens are opened, the Spirit descends, and God declares  
Jesus as beloved.

### **GLORY TO GOD:**

*CP 686 David H.*

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly king, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

### **CENTERING STILLNESS**

Let us pray that we may be strengthened by our communion with Christ, who was revealed as God's beloved Son, and with all who bear His light to the world.

*(silence)*

### **COLLECT OF THE DAY:**

**Almighty God, who caused the light of the gospel to shine throughout the world through the preaching of your servant Saint Paul: grant that we who celebrate his wonderful conversion may follow him in bearing witness to your truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

### **THE STORY OF FAITH IS PROCLAIMED**

**FIRST READING:** Jeremiah 1:4-10

*Sarah S.*

Hear what the Spirit is saying to the church.

**Thanks be to God.**

**PSALM:** 27:1, 5-13

*Cantor*



**SECOND READING:** Acts 26:9-13

*Barb C.*

Hear what the Spirit is saying to the church.

**Thanks be to God.**

**GOSPEL PROCESSIONAL:** *(Lyrics are in the Blue Common Praise Hymnal)*

**CP 559** Blessed Jesus, At Your Word (Vs. 1&2)

*LIEBSTER JESU*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Jesus Christ**

**GOSPEL:** Matthew 10:16-22

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

**GOSPEL RECESSIONAL:** (*Lyrics are in the Blue Common Praise Hymnal*)

**CP 559** Blessed Jesus, At Your Word (Vs. 3)

*LIEBSTER JESU*

**RESPONDING TO THE WORD OF GOD**

**SERMON:**

*The Rev. Vernon Foster*

**ANTHEM: The People Who in Darkness Walked**

*Text: Isaiah 9: 2-3, 6-7, Tune: N. Herman, 1554, Harmony J. S. Bach, c. 1738*

**A CREED FOR EPIPHANYTIDE:** (*Please stand as you are able*)

L.A. Let us confess our faith, as we say,

**We believe in God, the Father almighty, creator of heaven and earth, who has sent His light into the world.**

**We believe in Jesus Christ, His only Son, our Lord, the Light of the World.**

**He was conceived by the power of the Holy Spirit and born of Mary.**

**He revealed God's glory through His life, teachings, and miracles.**

**He suffered under Pontius Pilate, was crucified, died, and was buried.**

**He descended to the dead. On the third day, He rose again, shining the light of victory over sin and death.**

**He ascended into heaven and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead and to bring the fullness of God's kingdom.**

**We believe in the Holy Spirit, the universal Church,**

**the communion of saints, the forgiveness of sins,**

**the resurrection of the body, and the life everlasting. Amen.**

## PRAYERS OF THE PEOPLE

*Gwen I.*

### CONFESSION AND ABSOLUTION:

We were once dead through the trespasses and sins in which we lived, but now we are alive together with Christ. Through him we have access in one Spirit to the Father, to whom we humbly confess our sins.

*Silence is kept.*

L.A. Father eternal, **giver of light and grace, we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness, through our own deliberate fault. We have wounded your love, and marred your image in us. We are sorry and ashamed, and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past; and lead us out from darkness to walk as children of light. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

### THE PEACE:

Let the peace of God, which surpasses all understanding, guard our hearts and our minds in Christ Jesus.

The Peace of the Lord be always with you  
**And also with you.**

### THE SACRED MEAL IS SHARED

**OFFERTORY HYMN:** (*Lyrics are in the Blue Common Praise Hymnal*)

**CP 387**

All Praise to Thee

*SINE NOMINE*

### PRAYER OVER THE GIFTS:

**Almighty God, as we celebrate this holy eucharist. May your Spirit fill us with the light of faith. This we ask in the name of Jesus Christ the Lord.**

As grain once scattered in the fields and grapes once dispersed on the hillside are now brought together in bread and wine, so, Lord, gather your whole Church from every place into the joy and glory of your kin-dom. Through Jesus Christ, the Living Bread and the True Vine, in whom we are made one body. Amen.

**THE GREAT THANKSGIVING: (3<sup>rd</sup> Eucharistic Prayer in BAS)**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is indeed right and good..... we join in the joyful hymn of your praise:

**Holy, holy, holy Lord, God of power and might,**  
**Holy, holy, holy Lord, God of power and might,**  
**heaven and earth are full, full of your glory.**  
**Hosanna in the highest, hosanna in the highest.**

*CP 735 Schubert*

**Blessed is he who comes in the name of the Lord.**  
**Hosanna in the highest, hosanna in the highest.**

We give thanks to you, Lord our God ..... according to his command,

**We remember his death**  
**We proclaim his resurrection**  
**We await his coming in glory**

and we offer our sacrifice..... all honour and glory are yours, almighty Father,  
now and for ever. **Amen.**

**THE LORD'S PRAYER:**

*David H.*

Believing in the promises of God, let us pray with confidence as our Saviour has taught us:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial,**

**and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

**THE BREAKING OF THE BREAD:**

The bread which we break is Christ among us.

**Make us one in him, as we share this bread.**

**COMMUNION:**

*All are welcome to join us for communion. Our practice is to share the wine from a common cup. For health reasons you are asked not to dip the bread wafer into the wine. If you prefer, you may receive just bread. If you do not wish to receive communion, cross your arms in front of you to indicate to the clergy that you would like a blessing instead. We are happy to come to your seat to serve communion if you are unable to come forward – do let the greeter know.*

**COMMUNION HYMN: (Lyrics are in the Blue Common Praise Hymnal)**

**CP 455** Dear God, Compassionate and Kind

*REPTION*

**PRAYER AFTER COMMUNION:**

Let us pray,

**Gracious God, you filled your apostle Paul with love for all the churches. May the sacrament we have received foster love and unity among your people. This we ask in the name of Jesus Christ the Lord. Amen**

**BLESSING**

May Christ who called Paul to his service, and to preach the good news to the world, strengthen you to witness to his grace and love.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**SENDING FORTH:**

Go in peace, following Christ with courage and compassion.

**In the name of Christ, Amen**

**SENDING HYMN: (Lyrics are in the Blue Common Praise Hymnal)**

**CP 321** All Hail the Power of Jesus' Name

*CORONATION*