

**ST. PAUL'S ANGLICAN CHURCH**  
**LENT FOUR – MOTHERING SUNDAY**  
**March 15, 2026**



Rector: The Rev. Vernon Foster  
Deacon: The Rev. Helen L.  
Hon. Assistant: The Rev. Pat H.  
Director of Music: Charles H.  
Musicians: Freeman D./Kyle M.  
Church Warden: Joy Adams Bauer email: jadamsbauer@stpaulsnanaimo.ca  
Church Warden: Greg Brown email: gbrown@stpaulsnanaimo.ca

**Church Services:**

Sunday	8:00 am	Holy Communion
	10:30 am	Holy Eucharist
Weekdays (except stats)	8:30 am	Morning Prayer (Zoom)
Tuesday	7:00 pm	Contemplative Prayer
Wednesday	11:00 am	Holy Communion

Office Hours: 9:30 – 12:00 pm Monday to Friday 250-753-2523  
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*Please be aware the 10:30 service may be recorded or livestreamed,  
and your presence in the service is considered your consent to appear on camera.*

(CCLI LICENSE: 2006094)

## **HOLY EUCHARIST – 10:30 AM**

*This Eucharistic liturgy is based on the  
Anglican Church of Canada **Book of Alternative Services***

### **THE COMMUNITY GATHERS BEFORE GOD**

*We commit ourselves to working together in a spirit of reconciliation as we worship  
and serve on the traditional lands of the Snuneymuxw First Nation.*

Celebrant & Preacher: The Rev. Vernon Foster  
Deacon: The Rev. Helen L.  
Liturgical Assistant: Ann W.  
Organist: Kyle M.  
Greeters: Sue M., Kathy M.  
Duty Warden: Julie F.

The flowers at the main altar are given by Rev. Vernon to the glory of God  
and in honour of the parish that nurtured his faith and raised up his vocation, Corpus  
Christi, Garsfontein, Pretoria.

Altar Guild Team: Carol S., Joy A.B.  
Refreshment Hour is hosted today by: Lynn A., Shirley S.

**WELCOME (& ANNOUNCEMENTS):** (you may remain seated during the welcome)

**OPENING HYMN:** *(Lyrics are in the Blue Common Praise Hymnal)*

CP 293      Your Hands, O Lord, in Days of Old      *ST MICHAELS*

#### **GATHERING:**

The Lord be with you.

**And also with you.**

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

**And also with you**

*Please adopt an attitude of penitential prayer*

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

**Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.**

*The Holy Trinity Service*

### **CONFESSION AND ABSOLUTION:**

Jesus said, “‘You shall love the Lord your God with all your heart, and with all your soul, and with all you mind.’ This is the first and great commandment. And the second is like it, ‘you shall love your neighbour as yourself.’ On these two commandments depend all the law and the prophets.” *Matt 22:37-40*

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith. *cf. Psalm 51:17*

*Silence is kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## COLLECT OF THE DAY

Let us pray,

**God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself; strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

## THE STORY OF FAITH IS PROCLAIMED

**FIRST READING:** 1 Samuel 16:1-13

*Sarah S.*

Hear what the Spirit is saying to the church.

**Thanks be to God.**

**PSALM:** 23

*BAS page 731*

**SECOND READING:** Ephesians 5:8-14

*Joanne B.*

Hear what the Spirit is saying to the church.

**Thanks be to God.**

**GRADUAL PROCESSIONAL:** *(Lyrics are in the Blue Common Praise Hymnal)*

**CP 179** Tree of Life (Vs 1 & 6e)

*HAUGEN*

Praise to you, O Christ, King of eternal glory. The Lord is a great God, O that today you would listen to his voice. Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

The Good News of Jesus according to John.

**Glory to you, Jesus Christ.**

**GOSPEL:** John 9:1-41

The Gospel of Christ.

**Praise to you, Jesus Christ.**

**GRADUAL RECESSIONAL:** *(Lyrics are in the Blue Common Praise Hymnal)*  
**CP 179**      Tree of Life (Vs 1 & 6e)      *HAUGEN*

**SERMON:**      *Rev. Vernon Foster*

**ANTHEM:**      Lord Jesus, Think on Me (13871)  
*Trans: A.W. Chatfield    arr. G.H. Tools*

**THE APOSTLE'S CREED:** *(Please stand as you are able)*

L.A.    Let us confess our faith of our Baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit and born of the Virgin Mary.**

**He suffered under Pontius Pilate, was crucified, died, and was buried.**

**He descended to the dead. On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church, the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and the life everlasting. Amen.**

**PRAYERS OF THE PEOPLE:**      *Joy A.B.*

**PEACE:**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.      *Romans 5.1,2*

The peace of the Lord be always with you.

**And also with you.**

**OFFERTORY HYMN:** *(Lyrics are in the Blue Common Praise Hymnal)*

**CP 466**

How Clear is Our Vocation Lord

*REPTON*

**PRAYER OVER THE GIFTS:**

Blessed are you, Lord God of all creation, through your goodness we have this bread to offer which earth is given and human hands made.

**For us it becomes the bread of life. Blessed be God for ever.**

Blessed are you, Lord God of all creation, through your goodness we have this wine offer, fruit of the vine and work of human hands.

**For us it becomes the cup of salvation. Blessed be God for ever.**

**God of light, your Word brings to us a new vision of your glory. Accept our offering of praise and thanksgiving, through Jesus Christ our Lord. Amen.**

**THE GREAT THANKSGIVING:** (3<sup>rd</sup> Eucharistic Prayer SAPB 1989)

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right and good..... for ever praising you and singing:

**Holy, holy, holy Lord, God of pow'r and might,**      *The Holy Trinity Service*

**Heav'n and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest. Hosanna in the highest.**

Lord, you are holy indeed, the fountain of all holiness... So, in song, we proclaim the mystery of faith

**Christ has died. Christ is risen. Christ will come again.**

In memory of his death and resurrection..... all glory and honour is yours, almighty Creator, for ever and ever. **Amen.**

#### **THE LORD'S PRAYER:**

Trusting in the Compassion of God, as our Saviour has taught us, so we pray:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

#### **THE BREAKING OF THE BREAD:**

The bread which we break is Christ among us.

**Make us one in him, as we share this bread.**

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: grant us peace.**

*The Holy Trinity Service*

The gifts of God for the People of God.

**Thanks be to God.**

## COMMUNION:

*All are welcome to join us for communion. Our practice is to share the wine from a common cup.*

*For health reasons you are asked not to dip the bread wafer into the wine.*

*If you prefer, you may receive just bread. If you are gluten free, please ask for a gluten free wafer.*

*If you do not wish to receive communion, cross your arms in front of you to indicate to the clergy that you would like a blessing instead. We are happy to come to your seat to serve communion if you are unable to come forward – do let the greeter know.*

**COMMUNION HYMN:** *(Lyrics are in the Blue Common Praise Hymnal)*

**CP 178** Restore in Us O God

FRANCONIA

## PRAYER AFTER COMMUNION:

Let us pray,

**Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord.**

**Loving Creator, we offer ourselves to you as a living sacrifice in Jesus Christ, our Saviour and Guide. Send us out into the world in the power of the Holy Spirit to live and work to your praise and glory. Amen.**

## THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing ...

**SENDING HYMN:** *(Lyrics are in the Blue Common Praise Hymnal)*

**CP 467** Forth in Thy Name O Lord I Go

SONG 34

## SENDING FORTH:

Go from this place with the cross on your hearts.

**We will empty ourselves with Christ for the life of the world.**