

ST. PAUL'S ANGLICAN CHURCH
MISSION TO SEAFARERS
August 16, 2026



Rector: The Rev. Vernon Foster
Deacon: The Venerable Helen L.
Hon. Assistant: The Revs. Pat H., Susan H., Will H.,
Ven. Brian E.
Director of Music: Charles H.
Musicians: Freeman D./Kyle M.
Church Warden: Joy Adams Bauer email: jadamsbauer@stpaulsnanaimo.ca
Church Warden: Greg Brown email: gbrown@stpaulsnanaimo.ca

Church Services:

Sunday	8:00 am	Holy Communion
	10:30 am	Holy Eucharist
Weekdays (except stats)	8:30 am	Morning Prayer (Zoom)
Tuesday	7:00 pm	Contemplative Prayer
Wednesday	11:00 am	Holy Communion

Office Hours: 9:30 – 12:30 pm Monday to Friday 250-753-2523
Office Address: 100 Chapel Street, Nanaimo, BC V9R 5H2
E-mail/Website: admin@stpaulsnanaimo.ca
www.stpaulsnanaimo.ca



*Please be aware the 10:30 service may be recorded or livestreamed,
and your presence in the service is considered your consent to appear on camera.*

(CCLI LICENSE: 2006094)

HOLY EUCHARIST – 10:30 a.m.

*This Eucharistic liturgy is based on the Anglican Church of Canada
Book of Alternative Services and for the Islands and Inlets*

THE COMMUNITY GATHERS BEFORE GOD

*We commit ourselves to working together in a spirit of reconciliation as we worship and serve on the
traditional lands of the Snuneymuxw First Nation.*

Celebrant:	The Rev. Vernon Foster
Preacher:	Rev. Peter S., Senior Chaplain to Mission to Seafarers, Vancouver
Deacon:	The Venerable Helen L.
Liturgical Assistant:	Julie F.
Pianist:	Mary J.
Greeters:	Gwen I., Sue M.
Duty Warden:	Lynda A.

The flowers on the main altar are given by Shirley StriS.ght to the glory of God
and in loving memory of her mother Lilian.

Altar Guild Team: Carol S., Joy A. B.

Refreshment Hour is hosted today by Lynn A., Shirley S.

WELCOME AND ANNOUNCEMENTS:

(you may remain seated during the welcome)

OPENING HYMN: *(Lyrics are in the Blue Common Praise Hymnal)*

CP 567 Eternal Father, Strong to Save

MELITA

GATHERING:

The Lord is here.

God's Spirit is with us.

May the grace and peace Christ be with you all.

May he fill our hearts with joy.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

GLORY TO GOD:

CP 365 DARWALL

Glory to God on high, and peace to all on earth.
We worship you, we give you thanks, our heavenly King.
We give you praise, almighty God and Father blessed in glory bright.
Our Saviour, Jesus Christ, the Father's only Son,
the sacrificial Lamb, who saves the world from sin, have mercy Lord.
Beside the Father's hand enthroned, now hear our prayer.
You only are the Lord. You only are most high.
You only are the holy one, Lord Jesus Christ.
And now you reign with Father and with Spirit one in glorious light.

COLLECT OF THE DAY

Eternal God, whose Son Jesus Christ comes to us across the waters and calls us to faith, grant your protection to all who journey by sea, and give us grace to recognize your presence among those who labour far from home. Make us a people of welcome and compassion, that through our prayers and service your love may be known in every harbour and every place of need; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

THE STORY OF FAITH IS PROCLAIMED

FIRST READING: Genesis 37:1-4, 12-28

Sarah S.

Hear what the Spirit is saying to the church.
Thanks be to God.

PSALM: 107:1-3, 23-32

BAS 852

SECOND READING: Romans 10:5-15

Michele C.

Hear what the spirit is saying to the church.
Thanks be to God.

GOSPEL PROCESSIONAL: *(Lyrics are in the Blue Common Praise Hymnal)*

CP 408 Wind Upon the Waters (vs 1,2,3)

WIND UPON THE WATERS

The Lord be with you.

And also with you.

A Reading from the Holy Gospel according to Matthew.

Glory to you, Lord Jesus Christ

GOSPEL: Matthew 14:22-33

(It is our custom to remain standing for the reading of the gospel. Please stand as you are able)

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

GOSPEL RECESSIONAL: *(Lyrics are in the Blue Common Praise Hymnal)*

CP 408 Wind Upon the Waters (vs 4,5)

WIND UPON THE WATERS

SERMON:

Rev. Peter S.

AFFIRMING OUR CHRISTIAN NARRATIVE – APOSTLES’ CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

He suffered under Pontius Pilate, was crucified, died and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

PRAYERS OF THE PEOPLE

Julia R.

CONFESSION AND ABSOLUTION:

Dear friends in Christ, God is steadfast in love and infinite in mercy. He welcomes all who come seeking mercy and grace, and invites us to his table. Let us confess our sins, confident that God's forgiveness is freely given.

Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE:

Let the peace of Christ rule in your hearts, since as members of one body you are called to peace. *cf Colossians 3.15*

The peace of Christ be always with you.

And also with you.

THE SACRED MEAL IS SHARED

OFFERTORY HYMN: You Have Come Down to the Lakeshore *Threshold Group*

You have come down to the lakeshore
Seeking neither the wise nor the wealthy,
But only asking for me to follow.

Chorus: *Sweet Lord, you have looked into my eyes;
Kindly smiling, You've called out my name.
On the sand I have abandoned my small boat;
Now with You, I will seek other seas.*

You know full well what I have, Lord:
Neither treasure nor weapons for conquest,
Just these my fish nets and will for working.

You need my hands, my exhaustion,
Working love for the rest of the weary
A love that's willing to go on loving.

You who have fished other waters;
You, the longing of souls that are yearning:
O loving Friend, You have come to call me.

PRAYER OVER THE GIFTS:

Blessed are you, Lord God of all creation; through your goodness we have this bread and this wine to offer, fruit of the earth and of the vine, and work of human hands, for us they become the bread of life and the cup of salvation; **blessed be God for ever.**

Loving God and Father, you have adopted us to be your heirs. Accept all we offer you this day and give us grace to live as faithful children. We ask this in the name of Jesus Christ our Lord. Amen.

THE GREAT THANKSGIVING:

(You are invited to stand or sit during the Eucharistic Prayer is you desire)

The Lord be with you
And also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Blessed are you, Gracious God We join in the unending hymn of your glory:

**Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

CP 735

Holy and gracious God

Therefore, O God, we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Pour out you Spirit ... all honour and glory are yours, O God, now and forever.
Amen

THE LORD'S PRAYER:

Being made one by the power of the Spirit, as our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD:

We break this bread to share in the Body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the people of God.

Thanks be to God.

COMMUNION:

All are welcome to join us for communion. Our practice is to share the wine from a common cup.

For health reasons you are asked not to dip the bread wafer into the wine.

If you prefer, you may receive bread only. If you are gluten free, please ask for a gluten free wafer.

If you do not wish to receive communion, cross your arms in front of you to indicate to the clergy that you would like a blessing instead. We are happy to come to your seat to serve communion if you are unable to come forward – do let the greeter know.

COMMUNION HYMN: *(Lyrics are in the Blue Common Praise Hymnal)*

CP 564 Lead Us, Heavenly Father, Lead Us

MANNHEIM

PRAYER AFTER COMMUNION:

We give thanks to the Lord for God is gracious,

Our Lord's mercy endures for ever.

Let us pray,

Faithful God, you have met us in Christ and nourished us with the bread of heaven and the cup of salvation. Send us out in the strength of Christ, that we may be companions to those who journey far from home, and become a harbour of hope for those who are weary, seeking welcome, or in need of care; through Jesus Christ our Lord. Amen

Glory to God, **Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

BLESSING

Rev Vernon Foster

SENDING FORTH HYMN: Here I Am Lord

Threshold Group

I, the Lord of sea and sky, I have heard my people cry.
All who dwell in dark and sin, My hand will save.
I, who made the stars of night, I will make their darkness bright.
Who will bear my light to them? Whom shall I send?

Chorus:

*Here I am, Lord. Is it I, Lord? I have heard you calling in the night.
I will go, Lord, if you lead me. I will hold your people in my heart.*

I, the Lord of snow and rain, I have borne my people's pain.
I have wept for love of them. They turn away.
I will break their hearts of stone, Give them hearts for love alone.
I will speak my words to them. Whom shall I send?

I, the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them. My hand will save.
Finest bread I will provide, 'Til their hearts be satisfied.
I will give my life to them. Whom shall I send?

DISMISSAL

The service has ended and our mission begins, lets us go in peace to love and serve the Lord. **In the name of Christ. Amen.**